

Here for you through coronavirus

However you're feeling, help and guidance is available.

Explore a range of trusted information, services and tools to help you with the challenges of student life, including:

1. Access to dedicated support services for students, by phone or text
2. Information and tools to help you through the challenges of coronavirus
3. Helping you find out what support is available at your university

studentspace.org.uk

**STUDENT
SPACE**

Brought to you by Student Minds



**“Am I the only
one worried
about uni life?”**



**We are the UK's student
mental health charity.**
We are here to help you look
after your own mental health,
support others and create
change.

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www.studentminds.org.uk

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