



## Youth Music FUND C - Summary

**Time scale:-** April 2015 – March 2018 (3 years)

**Geographical coverage:-** The proposal for the work is Leicester/shire, Nottinghamshire & Lincolnshire.

**Outline:-** This proposal focuses on Children in Challenging Circumstance (CCC) groups in 5 distinct sectors. All the work includes developmental music making projects; strategic work to support structural change; workforce development; and a Research Partner to support the 'Inquiring Minds' model.

With each geographical area undertaking specific pieces of work appropriate to their needs/challenges, contacts and support from the non-music sector. It must not be underestimated the importance of identifying a keen and enthusiastic non-music sector partner in order to ensure a solid progressive basis for any of the work.

It is also important to understand that this proposal is about zooming in through the 'Inquiring Minds' process in order to effect greater change. Therefore not all geographical areas will experience work within all the identified sectors, however through working in such a detailed way across the region and involving such a variety of partners and stakeholders, understanding and ownership will be pooled. Deeper learnings, solutions, experiences and findings will be achieved

**The Inquiring Minds Process<sup>®</sup>** incorporates:-

1. INPUT - Develop relevant questions through discussion with lead delivery & Academic research partners
2. Seeking answers through:
  - a. wider discussions / information gathering within the relevant sector, including Academics and Music Facilitators (MFs)
  - b. research based activities including: studying published and grey literature; refine research questions; establish methodologies; agree ethics; identify outcomes and outputs
  - c. practical delivery of music development activities by MFs with groups, organisations and individuals
  - d. gather and analyse 360° feedback from all involved, including reflective journals from MFs
3. OUTPUT - Documentation is the method to scale-up and transfer learning from a single project to the wider sector. We will deliver credible documentation of evidence-

based practice to include: evaluations; Academic papers; published research; descriptions of methodology and practical examples; resources and training packs.

**Please note:** at this point in time it is difficult to say what the focus of each of the five areas is going to be - we see that as being part of a process to work with partners to identify areas that they would like to focus on.

## 5 Distinct Sectors:-

### 1. Looked After Children

Work with foster children will be undertaken in partnership with Lincolnshire organisations including CfBT JUMP (Joint Universities Mentoring Programme) which will enable us to directly work with LAC and the staff and volunteers that support them.

Work with Voices 4 Choices (V4C), will be undertaken with Children's Services Participation Team. This link promotes structural change through experiential workshops for Social Workers in training, including those studying Masters degrees at Universities of Manchester and Nottingham.

This work extends our pilot project (funded through soundINCLUSION) to include a music/arts focus to the V4C workshop that promotes creativity as a process to enable LAC to voice their thoughts, ideas, and experiences.

### 2. Youth Justice Service (YJS)

**soundLINCS** plan to work with YJS in Nottinghamshire & Lincolnshire. The initial focus would be young people who are subject to Intense Supervision and Surveillance Orders (ISS). These are a particularly vulnerable group as they meet the threshold for a Custodial Sentence.

The Children's Commissioner published a report (October 2012) showing there are large numbers of young people currently in secure settings who have undiagnosed neurodevelopment conditions which directly contribute to offending behaviour. The report shows, for example, that Communication Disorders in the general population is 5 - 7%; and estimated to be 60 - 90% for those in custody.

The YJS are passionate about identifying ways to avoid young people being stereotyped into activities that are chosen for them, usually by case workers. Our project will include developing an approach that places young people as authors of their own musical journeys and subsequently transfer that methodology (through training with ISS workers) to other areas of their lives.

### 3. Paediatric Services

**soundLINCS** plan to work with C&YP receiving paediatric services from United Lincolnshire Hospitals NHS Trust. **soundLINCS** recently provided a variety of activities through a Cold Spot project. The project facilitated a strong partnership with Paediatrics who, following feedback and evaluation, are wanting to prioritise training and outcomes based CPD for their play specialists. This will improve 'quality of patient experience'. A Key priority for the Trust. The programme will also offer opportunities for parents and carers to develop more confidence in making music with their children at home, and also explore the use of music in paediatrics beyond the bedside and play room.

#### **4. Early Years (EY)**

**soundLINCS** plan to work with care leavers and young parents which will be undertaken in partnership with Barnardo's Services and Leicester/shire MEH. Our recent meetings indicate that young care leavers often struggle to parent their children due to their own poor experiences of family life. **soundLINCS** proposes to offer music development activities for care leavers and their EY children, with additional workforce development activities for Barnardo's staff.

Working in Settings with high incidence of EY children at Elevated Risk will be prioritised. The programme will also offer opportunities for parents and carers. It is widely accepted that Early Intervention is essential to overcome Developmental Delays in EY children and our programme will help Practitioners and parents/carers to use music as a positive intervention. The Government has highlighted the need for Early Intervention (DWP Jan 2011)

#### **5. Special Education Needs and Disabilities (SEND)**

**soundLINCS** plans to work with the Leicester/shire MEH exploring/ creating the opportunities for young people with hearing impairment.

Also to work with parents/carers of C&YP with SEND in partnership with Nottinghamshire CC and its Arts Team. The Team currently provide creative opportunities within the school day as part of an annual programme. **soundLINCS** programme will build on the schools' interest in the Arts to establish after school or weekend clubs for parents and carers to directly engage in music activities with their SEND children. The workshops will be supported by the SEND Training Pack that has been developed by **soundLINCS**. The overall aim of the programme will be to establish self-sustaining groups with leadership provided by schools, parents, and volunteers.

### **The Outcomes for the FUND C:-**

#### **Musical Outcomes**

Outcome 1. To increase the number of sustained, high quality music-making opportunities for children and young people in challenging circumstances within their defined geographical area.

Outcome 2. To broaden and deepen the musical experiences of CCC across all genres and styles by ensuring that their individual journeys & progression environments are supported by skilled Music Facilitators who understand their needs and worldview.

#### **Workforce Outcomes**

Outcome 3. To extend the expertise, knowledge and skills of people and organisations to strengthen and develop music provision for children and young people in challenging circumstance.

Outcome 4. To ensure the sharing of direct learning from a longitudinal process of development with partners is captured and embedded within organisations' portfolios of learning tools.

#### **Personal Outcomes**

Outcome 5. To improve children and young people's self-efficacy (i.e. self-esteem, skills, engagement and confidence) and resilience to challenging circumstances.

Outcome 6. To increase the opportunities for agency (i.e. feeling more in control of their life) of CCC by ensuring that their voices are heard and influence their individual journeys.

## **Social Outcomes**

Outcome 7 To increase awareness within families, carers and the wider community about the positive benefits that high quality music-making opportunities can have on improving the life chances of children and young people in challenging circumstances.

Outcome 8. To improve problem solving skills of CCC through musically inclusive group processes such as co-writing, co-recording, and improvisation.

## **Organisational Outcomes**

Outcome 9. To embed learning and effective practice in host and partner organisations and share practise beyond these organisations.

Outcome 10. To increase organisations' and individuals' capacity to identify, record, evaluate and share their effective practice.

## **Partners & their roles**

**East Mids Music Education Hubs (MEH)-** *Strategic Partners - Advice/information on people, organisations, participants, locations, cold spots.*

Lincolnshire  
Nottinghamshire  
Leicester/shire

**East Mids Bridge Organisation** - *Similar role as MEH plus linkage with current cultural education delivery and research. Collaborating to ensure a sustainability solution and cultural participant profiling*

The Mighty Creatives,

**Academic establishments** - *Bringing credibility, guidance, ethical element and refinement of questioning to all research, edit and publish research papers.*

Nottingham Trent University  
Nottingham University  
Bishop Grosseteste University  
University of Lincoln  
Leicester University

**Local Authorities** - *Similar role as MEH*

Lincolnshire County Council:-  
Children's Services Participation Team/Voices for Choices/Children in Care Council Looked After Children Education Service  
Fostering Team

Nottinghamshire County Council Arts Team:

**Non-Music sector organisations - partners on all levels, delivery, strategic, question solving**

Barnardos  
CfBT Joint Universities Mentoring Programme  
Lincolnshire Secure Unit  
Targetted Support and Youth Justice Service Nottinghamshire County Council

United Lincolnshire Hospitals NHS Trust

Founder of H.O.P.E. (Hearts of Positive Energy); Director-Health Watch England, Non-Exec Director-Lincolnshire Carers and Young Carers partnership; Carer Governor LPFT Mental Health Trust; Patient and Carer Experience Committee Member

## **Budget**

The proposed budget for this work at present is £776,569 over 3 years

Youth Music grant	£464,569
Match funding	£312,000
Match funding cash	£201,000
Match funding in kind	£111,000
Total	£776,569

/end/N-KH/Jan 2015